PRESS RELEASE...For Immediate Release Date 15/07/2021

Scottish Country Dance Leicester

"Lockdown Survival"

The Covid Year + has been an amazing time for the Leicester Branch of the Royal Scottish Country Dance Society. We, the members, have all learnt a lot of new skills and a lot more about each other.

Initially a few members set up our Zoom Club. All members were kept informed of progress. Plans were laid for the Set and Link Weekly Zoom Club and The Quaich Monthly Newsletter. Contributions for both Club and Newsletter arrived.

The Set and Link team planned a weekly programme, the Quaich Team monthly publications, with talks and articles related to Scottish Country Dancing and Music as well as other material written and presented by our members.

In the Spring of 2021 the seven teachers of our Branch presented Set and Link Zoom talks covering many Scottish Dance formations. They used visual cribs, diagrams and videos. All are now accessible on our Branch website <u>www.rscdsleicester.org.uk</u>

Further bookings were made at a local hall. In May we once again met in person. Masks were worn on entering the hall and removed once in the 2 metre space. Our teachers had prepared their lessons with formations and associated dances. Each dancer moved around their own space, visualising the other dancers, walking through and dancing each particular formation and dance.

It has been a lot of work, but a great success, members have kept in touch and will shortly be ready to enjoy again the delights of strathspeys, jigs and reels in their sets with their fellow dancing friends.

HAPPY DANCING! (MT July 2021)

ENDS..

For further information please contact:Neil McLaren (Publicity)Mobile:07899808148Email:neilmclaren@rscdsleicester.org.ukWebsite:www.rscdsleicester.org.uk

ABOUT US: RSCDS Leicester Branch is part of RSCDS a worldwide organisation whose aims are to promote and develop Scottish Country Dancing, which can be enjoyed by anyone, anywhere. The Leicester Branch was established in 1977. We hold Classes twice a week and we welcome Newcomers. Scottish Country Dancing is a sociable and enjoyable pastime and a great excise for both mind and body. Easy to Learn, Taught by Fully Trained Teachers.

Get Fit, Keep Fit, Make New Friends and Have a Great Time!