## PRESS RELEASE...... For Immediate Release

Date 15/03/2022

## Scottish Country Dancing helps support Blood Bike Charity

Scottish Country Dance RSCDS Leicester held their Charity Tea Dance in February in aid of Leicestershire & Rutland Blood Bikes. They were founded in May 2014 and run by volunteers who ride across the county to deliver vital blood products to local NHS hospitals, between the hours of 7 pm and 6 am.

Scottish Country Dancing is fun, sociable, good for your wellbeing and a great way to keep fit and we were keen to support this amazing charity to help others.



The dance was well supported and a most enjoyable afternoon and the dancers were very generous buying raffle tickets and putting money in the charity boxes raising £550 for this very worthy charity.

We were pleased to be able to present the cheque to the Blood Bike Charity at one of our class nights.

ENDS..

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**ABOUT US**: RSCDS Leicester Branch is part of RSCDS a worldwide organisation who's aims are to promote and develop Scottish Country Dancing, which can be enjoyed by anyone, anywhere. The Leicester Branch was established 41 years ago. We hold Classes twice a week and we welcome Newcomers. Scottish Country Dancing is a sociable and enjoyable pastime and a great excise for both mind and body. Easy to Learn, Taught by Fully Trained Teachers.

Get Fit and Keep Fit, Make New Friends and Have a Great Time!